

## VALE ROYAL DISABILITY SERVICES

This leaflet gives details of some of the main organisations and helplines which can help disabled people and their carers.

### ADVICE & SUPPORT GROUPS

Age Concern Cheshire \_\_\_\_\_ 01606 881660  
Alcoholic Services Cheshire \_\_\_ 01270 580243  
Alzheimers Helpline \_\_\_\_\_ 0845 3000336  
Arthritis Care Adults \_\_\_\_\_ 0808 808 4050  
British Heart Support \_\_\_\_\_ 0207 4877110  
Cancer Helpline Bacup \_\_\_\_\_ 0808 800 1234  
Deafness Support Network \_\_\_ 01606 330633  
Drugs Helpline Frank \_\_\_\_\_ 0800 776600  
MENCAP Helpline \_\_\_\_\_ 0808 808 1111  
MS Society Helpline \_\_\_\_\_ 0808 800 8000  
Radar \_\_\_\_\_ 0207 2503222  
Spina Bif / Hydrocephalus \_\_\_ 01733 555988  
Vision Support \_\_\_\_\_ 01244 382222

### ADVOCACY

Learning Disabilities \_\_\_\_\_ 01606 42688  
Physical Disability \_\_\_\_\_ 01606 888255  
Deaf / Blind \_\_\_\_\_ 01606 47831  
Health Complaints \_\_\_\_\_ 01606 869310  
Mental Health \_\_\_\_\_ 01606 596396

### BENEFITS

Disability Benefits Line \_\_\_\_\_ 0800 882200  
CCC Welfare Rights \_\_\_\_\_ 01244 603062  
Carers Allowance \_\_\_\_\_ 0177 289 9655  
Form Completion Services \_\_\_\_\_ 0800 441144  
Text Deaf / Speech Difficulty \_\_\_ 0800 243 335

### CARERS

Cheshire Carers Centre \_\_\_\_\_ 0800 0850307  
Crossroads – Contact your nearest Disability Information Service.

### DISABILITY INFORMATION SERVICES

Dial House Chester \_\_\_\_\_ 01244 345655  
DRE Crewe \_\_\_\_\_ 01270 501535  
DICE Ellesmere Port \_\_\_\_\_ 0151 3551420  
DIB Macclesfield \_\_\_\_\_ 01625 501759  
VRDS Vale Royal \_\_\_\_\_ 01606 888400

### EDUCATION

OU Disabled Student \_\_\_\_\_ 01908 653745  
Learndirect Helpline \_\_\_\_\_ 0800 100900  
Skill (Information Services) \_\_\_ 0800 328 5050  
VRDS Outreach Learning \_\_\_\_\_ 01606 888604  
VRDS Learning Centre \_\_\_\_\_ 01606 333673

### EQUIPMENT

British Red Cross \_\_\_\_\_ 01565 650201  
Contact a Disability Information Service

### EMPLOYMENT

Disability Employment Advisor –  
Contact Your Local JobCentre Plus  
JobCentre Direct \_\_\_\_\_ 0845 6060234  
New Deal Helpline \_\_\_\_\_ 0845 6062626  
Scope \_\_\_\_\_ 0808 8003333

### HEALTH & HOSPITALS

NHS Direct (info. Line) \_\_\_\_\_ 0845 4647  
Patient Advice Helpline \_\_\_\_\_ 01270 612410  
Pain Concern Service \_\_\_\_\_ 08451 249971  
Countess Of Chester Hospital \_ 01244 365000  
Leighton Hospital \_\_\_\_\_ 01270 255141  
Macclesfield General Hospital 01625 421000  
Dental Helpline \_\_\_\_\_ 01270 275678

### HOLIDAYS

Holiday Care Service \_\_\_\_\_ 0845 124 9971

### HOME SAFETY

Fire Service Assessment \_\_\_\_\_ 0800 389 0053  
Police General Conflict \_\_\_\_\_ 0845 458 0000  
Telecare \_\_\_\_\_ 01606 813 444

### HOUSING

Housing Office \_\_\_\_\_ 0845 1221205  
National Housing Helpline \_ 0808 800 4444  
Contact your local Council

### INDEPENDENT LIVING

Direct Payment Advisers \_\_\_ 01606 888255  
Independent Living Fund \_\_\_ 0845 6018815

### INSURANCES

AA Insurance \_\_\_\_\_ 0845 1285 285  
FISH Insurance \_\_\_\_\_ 01772 724442  
RAC Insurance \_\_\_\_\_ 08705 722 722

### LEGAL SERVICES

Disability Discrimination Act 0845 7622633  
Legal Advice \_\_\_\_\_ 0845 6081122  
MP House of Commons \_\_\_\_\_ 0207 2193000

### MOTABILITY & MOTORING

Mavis Advice \_\_\_\_\_ 01344 661000  
Motability Helpline \_\_\_\_\_ 0845 456566  
Blue Badge \_\_\_\_\_ 01625 667946  
Radar Key \_\_\_\_\_ Contact your local Council

### SOCIAL SERVICES

Out of hours Emergency Team 01606 76611

### SPORT

Cheshire Sports Develop \_\_\_ 01606 871812  
Disability Sport \_\_\_\_\_ 0171 490 4919

### TRANSPORT

Cheshire Travel Line \_\_\_\_\_ 0870 608 2608  
Train journey care \_\_\_\_\_ 08457 443366

### WHEELCHAIR ASSESSMENT UNITS

Chester \_\_\_\_\_ 0151 3571070  
Crewe \_\_\_\_\_ 01270 612348  
Congleton & Macclesfield \_\_\_ 01625 661064  
NHS Wheelchair Repairs \_\_\_ 01302 796269